



St. John the Apostle Catholic School

News & Notes

Mark your calendar...

September 09, 2016

Week of September 12	Standardized Testing, K through 8th grade Vision and Hearing Screening
Monday, September 12	Parents Band Meeting, 7:00 pm, Library
Tuesday, September 13	Home & School Meeting, 6:00 pm - 7:00 pm, Volunteer Center
Monday, September 19	Upper School Mandatory Media Meeting, 6:00 pm, Gym
Thursday, September 22	North Texas Giving Day, 6am to midnight, online Pep Rally, 2:15, Gym
Friday, September 23	No School

STANDARDIZED TESTING

The students will be tested during the week of September 12 - 16 in the morning. Please make sure your children have a good night sleep and a healthy breakfast before they come to school. No homework will be assigned this week.

VISION AND HEARING SCREENING

The nurse will be screening for vision and hearing the week of September 12th. The State requires that we screen students in PK, K, 1st, 3rd, 5th, and 7th. If your child wears glasses or contacts please make sure they wear them for the testing. They need to be tested with their glasses or contacts. Parents will only be notified of the results if their student fail any of the screenings.

The nurse will also be testing for Acanthosis Nigricans, which is a black-brown velvety marker that usually appears on the back of the neck. It is the result of too much insulin in the blood. It is a pre-diabetic condition and serves as an indicator of risk for Type 2 diabetes and other chronic health problems. Acanthosis Nigricans is usually seen during the pre-adolescence and adolescence years. Early detection and an intervention of diet changes and physical activity are important. This involves the testing of students in grades 1st, 3rd, 5th, and 7th. The screening is done by checking the back of the student's neck and looking for the appearance of a dark line, or raised thickened skin.

If you have any questions please call Nurse Timmermann at 817-284-2228 or e-mail btimmermann@stjs.org.

PARENTS BAND MEETING

If you have a child in 4th through 8th grade interested in joining the school band, you will need to attend the meeting on Monday, September 12 at 7:00 pm in the Library.

HOME & SCHOOL MEETING

We are all H&S! Come join us Tuesday, September 13 at 6:00pm in the Volunteer Center. Let's brainstorm and have a fun school year!